

## PADI DISCOVER SCUBA Try it in the Pool

Thank you for signing up to the PADI Discover Scuba Diving course with us!

## Each participant must complete their own theory before they get to the pool, please see your welcome email for the link to access and follow the "Experience steps" below

When you arrive at the pool then one of our professional PADI instructors will welcome you, check your paperwork including your medical statement and show you to the changing rooms and pool.

You will then spend the first 20 minutes or so in the shallow end learning to the gear, getting used to breathing underwater and doing a few basic safety skills which are also found in the <u>PADI open water certification</u> course.

Experience steps:

- 1. Download the PADI App and register for a PADI account.
- 2. Complete the medical questionnaire and Risk statements Please note that <u>if you answer 'yes' to questions 3, 5 or 10, or any of the</u> <u>questions on page 2 of the medical statement then we would need a note from</u> <u>your doctor saying that you are okay to dive.</u> If you answer 'yes' and do not have a note from your GP or Diving Medic, then your instructor is not allowed to let you dive. No note is required if you answer 'no'.
- 3. Follow the online introduction on the PADI app, this will tell you everything you need to know about the experience.
- 4. Come diving with us!

If you have any challenges with the forms we will have spares available on the day. Your instructor may ask you to show your medical and Risk form completion in the app in the "digital forms" section. (Scroll down in the E-Learning Portal).

Pool Address and Directions: Attached on the final page

**Timings: Please don't arrive before 09:00 as this is a private property.** 09:30 to 10:00 – Registration. The pool can be found to the rear of the main house around the left hand side. Please don't change or enter the pool until you have signed in. 10:00 to 10:30 – Poolside briefing 10:30 to 11:15 – In-water training

What to bring to the pool – swimwear, towel, and your sense of adventure.

It's also a good idea to bring a bottle of water as diving can make you thirsty. If you wear contact lenses these can be worn inside your mask but just keep your eyes closed when doing the mask skills!

If you sign up for our PADI open water course after your trial dive then you can receive a **£35 discount**, simply enter the promotional code 'DSD35' when you book online. We will even extend this offer to your family and friends if they sign up at the same time!

Thanks again for booking with us and we look forward to starting your underwater adventures.

The Team, Oyster Diving



## SOUTH EAST LONDON AND KENT Swimming Pool



Driveway access to house

Address: 54 Weald Way, Caterham, Surrey, CR3 6EJ

The image above is the view from the road of the driveway. The purpose built dive pool is located in the grounds of a private residence. If the right hand gate is open then please park at the top of the lane, otherwise you may park in front of the house.

Please <u>click here</u> for the map to the location.

Directions: The house is located close to the M20 and M25.

**By Car:** Exit M25 at Junction 6 and take the turning towards Caterham. Continue towards Caterham until you reach Morrisons Supermarket, turn left here followed by the next left up Harestone Valley Road. Continue along here for approximately one mile past Caterham School and turn left at Weald Way. The house is Number 54 and can be found on the left hand side around the sharp bend. Please take care when leaving the property!

**By Rail:** The nearest station is Caterham which is on the line to Waterloo. It is approximately a 20 minute walk from the station.

**Parking:** There is plenty of free parking outside the property. Your instructor will meet you poolside. Please follow the 'The Way To the Beach' signs.